

# **MOVE YOUR WAY WITH THE "MOVEMBER" FITNESS SALE**

## **20% OFF**

### **PRIVATE PERSONAL TRAINING AND NUTRITION COACHING SESSIONS**



**With prices this good, you can purchase the gift of health and fitness for yourself, friends, and family members this holiday season!**

**NEW CLIENTS - OUR 90 MINUTE "GET STARTED" SESSION WILL BE INCLUDED IN YOUR PACKAGE PURCHASE FOR FREE!**

**FRIDAY, NOV. 15TH - FRIDAY, NOV. 22ND**

**NO LIMIT ON NUMBER OF PACKAGES PURCHASED.  
SALE EXCLUDES SEMI-PRIVATE AND ADVANCED PERSONAL TRAINING.  
ALL SESSIONS EXPIRE ONE YEAR FROM PURCHASE DATE.  
NO REFUNDS ON SALE PACKAGES.**

